Rest, Renewal, and Refocus

| Elijah's high moments (I Kings 18) | | | |
|---------------------------------------|---|-------------------------------------|--|
| I. | Elijah the prophets of | | |
| | on Mt. Carmel (I King 18:21-39) | | |
| II. | Elijah predicts af | ter years of | |
| | (1 Kings 18:41-44) | | |
| III. | Elijah A | hab's chariot (1 Kings 18:46) | |
| | | | |
| Elijah's low moments (I Kings 19:1-4) | | | |
| I. | Jezebel threatens to | | |
| | the false prophets and Ahab (1 Kings 19:1-2) | | |
| II. | Elijah, for h | is life, into | |
| | the desert (I Kings 19:3-4a) | | |
| III. | Elijah tries to | (I Kings 19:4b) | |
| IV. | IV. What caused to Elijah run from Jezebel and God? | | |
| | A. He allowedto | | |
| | God to hi | m | |
| | B. He did not lean on the | people in his life | |
| | C. He was physically, emotionally, and physically | | |
| | 1 3 37 | 1 3 | |
| | | | |
| Rest | | | |
| I. | Elijah collapses from | (1 Kings 19:3-5a) | |
| II. | God met Elijah's | needs (1 Kings 19:5b-8) | |
| | | | |
| | Renewal | | |
| I. | God guided Elijah to the Mt Sinai area for physical, emotional, and | | |
| | spiritual | | |
| II. | God him | uself to Elijah (I Kings 19:9b-13a) | |
| | | | |
| Refocus | | | |
| I. | God called for Elijah to get back to _ | | |
| | A. Elijah complained that he is all _ | | |
| | B. God gave Elijah a new | (I Kings 19:15-17) | |
| | C. God showed Elijah that he is not | (I Kings 19:18) | |
| II. | God gave Elijah a (I Kings 19 | friend and someone | |
| | <u> </u> | | |

Questions to Ponder

| I. What are some of the | moments in your life? | | |
|---|--|--|--|
| II. What are the | moments in your life? | | |
| III. Do you have godly people in your life to | | | |
| you through the high and low moments in your life? | | | |
| IV. Are you in | of rest, renewal, and refocus? | | |
| V. Are you | | | |
| from Him? | | | |
| Pastor Les's Sabbatical | | | |
| I. What is a sabbatical? | | | |
| II. Why now? | | | |
| III. What will I be doing on my sabbatical? | | | |
| IV. Who will be performing my duties while I am gone? | | | |
| | p to and during my sabbatical? tor as they for | | |
| the pastor's responsibilities du | | | |
| 1 | during | | |
| the pastor's sabbatical | | | |
| III. Pray for the people that will be who are covering the pastor's | | | |
| | _during the pastor's sabbatical | | |
| III. Pray that the pastor gets the he needs | | | |
| | physical, emotional | | |
| V. Pray that the pastor gets answers to his issues | | | |
| VI. Pray that pastor will be refreshed and | | | |
| when he returns | | | |